

# MEMBER BENEFITS

for members of Diabetes Australia-NSW



## Welcome to Member Benefits

As a member of Diabetes Australia-NSW you are encouraged to take advantage of the savings and benefits available on a wide range of diabetes products and services.

Whether looking for savings on cookbooks and food products, socks, obtaining free diabetes management advice or securing special deals on travel and life insurance - you'll find many savings in these pages.

For other special offers exclusive for members, visit our website [www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)

**Remember, membership helps us help you. For further information call 1300 136 588.**



## DIABETES INFORMATION & MANAGEMENT

### Free New Member Kit

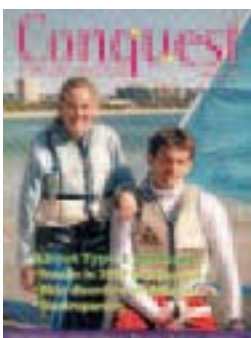
A comprehensive kit, valued at over \$14.00, full of practical diabetes management advice, tailored especially to your type of diabetes.



Conquest

ISSUES

### Free Magazines



National quarterly publication 'Conquest', valued at \$4.95, and quarterly NSW journal 'ISSUES', valued at \$2.90.

## DIABETES INFORMATION & MANAGEMENT

### Schools Care Line

The Schools Care Line program was launched in response to parents' fears about their children with Type 1 diabetes and its management at school. The service provides advice and reassurance for children, parents and teachers. The Schools Care Line's paediatric educator also talks to teachers and staff about Type 1 diabetes, what it is, and how to manage it at school. The Schools Care Line is open Monday to Friday from 9am to 5pm on **(02) 9552 9962**.



### Free meter demonstrations



All members are entitled to receive a free blood glucose meter demonstration. Valued at \$25, the demonstrations are carried out at Diabetes Australia-NSW retail outlets in Glebe, Wentworthville and Newcastle.

To make a booking phone:

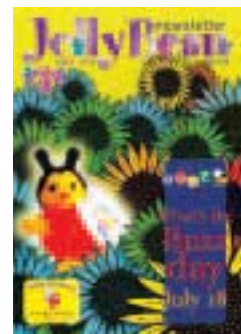
Glebe: **(02) 9552 9901**  
Wentworthville: **(02) 9636 5585**  
Newcastle: **(02) 4929 6970**

**An appointment is essential.**

### Young people

New members 18 years and under receive their first year of membership free. Loads of benefits include the diabetes video "The Expert", age-specific booklets, Diabetes Australia Jelly Bean Club, teenage newsletter, camps, annual parent/teenage seminar, young adult support group activities, social events and lots more.

Call **1300 136 588** or visit the website [www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)



## DIABETES INFORMATION & MANAGEMENT

### Customer Care Line 1300 136 588

Free advisory service with information on diabetes products and diabetes management from our Customer Care Line personnel, which includes Dietitians and Diabetes Educators. Available during business hours for the cost of a local call.



### Advocacy

Free advocacy and advice concerning discrimination issues. Call **1300 136 588** during business hours.



### Member's renewal gift

Renewing members receive a handy diabetes educational resource as a gift. Currently, the gift is an exclusive Exercise Diary for recording blood glucose levels to help you stay fit and healthy.



### Seminars

A discount on admission cost for members to attend special Diabetes Australia events, education and research forums. These events are advertised in member publications and on our website:

[www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)

For more information call  
**(02) 9552 9965**



### MBF

Private health cover with MBF entitles you to become part of their Diabetes Management Program. A major benefit of the program is free 12 months membership or renewal to Diabetes Australia.

Call **13 11 37** for more information.



# DIABETES INFORMATION & MANAGEMENT

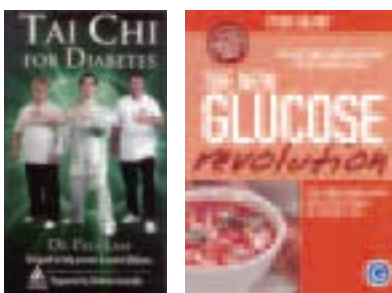
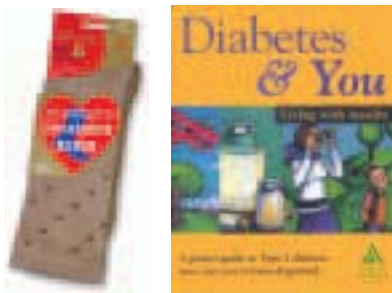
## Local Support

Membership of Diabetes Australia-NSW automatically provides free membership of your local branch and support group. Regular meetings and guest speakers plus information sessions and social gatherings provide a great advantage to members.

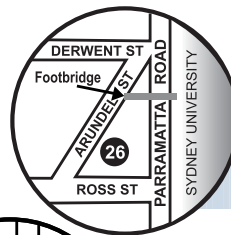
Call **1300 136 588** for the location of your nearest group.



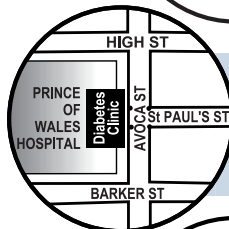
## Product Discounts



Save on a range of approved products including diabetes books, cookbooks, videos, socks and selected food items. Products may be ordered by calling the Customer Care Line or by visiting a Diabetes Australia retail outlet.



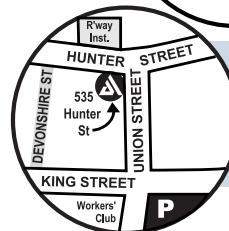
26 Arundel Street, Glebe 2037  
Phone **1300 136 588**  
Hours: Mon - Fri 9.00am - 4.30 pm



Prince of Wales Hospital Diabetes Centre, Avoca Street Randwick 2031  
Phone **(02) 9382 3086**  
Hours: Mon - Thur 10am - 2.00pm



9A Station Street, Wentworthville 2145  
Phone **(02) 9636 5585**  
or **(02) 9636 5580**  
Hours: Mon - Fri 9.00am - 5.00pm



535 Hunter Street, Cnr of Union Street, Newcastle 2300  
Phone **(02) 4929 6970**  
Hours: Mon - Fri 8.30 am - 4.30 pm.

Limited hours of service are available in certain regional areas: Bowral and District, Inverell, Macarthur and District, Tamworth, and some selected pharmacies.

For more information call **1300 136 588.**

## INSURANCE

### Life Insurance

SafeGuard is a life insurance product available exclusively to members of Diabetes Australia-NSW. Whilst an application for SafeGuard does not guarantee cover will be granted, professional underwriters knowledgeable in assessing diabetes for insurance purposes, consider all applications. Call Associated Planners Financial Services (APFS) for more information on **1800 006 226**.



### Travel insurance



Donna Barlow Travel (DBT) offers members and their families a 20% discount on travel insurance. Other exclusive travel deals will also be available for DA-NSW members. DBT also donates 5% of proceeds from sales of travel insurance back to Diabetes Australia-NSW.

For more information call DBT on **(02) 9888 5555**.

## HEALTHY EATING

### Healthy Shopping Tours

Learn the skills of how to read food labels to make sense of health claims and make healthy food choices. Tours cost: \$12 for members and \$18 for non-members. Call **(02) 9552 9965** to find out when and where there will be a Healthy Shopping Tour coming to a supermarket near you.

NB: Services presently limited to metropolitan areas.



## FOOTWEAR

### Comfort & Fit Stores

Extensive range of Orthopaedic and Comfort footwear, ready to wear or custom made. Members receive 10% discount on all products.

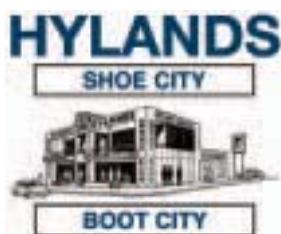
66 Hampden Road, Artarmon 2064,  
18-20 Ross Street, North Parramatta 2151  
25 Everton Road, Strathfield 2135  
29 Regent Street, Kogarah 2217  
Shop 1/236 Lambton Road, New Lambton 2305  
Shop 2, 400 Oxford Mall, Bondi Junction 2022  
10/47 Bowral Street, Bowral 2576  
Walk Easy Footwear  
21 Dowe Street, Tamworth 2340

Phone (02) 9411 1198  
Phone (02) 9630 0044  
Phone (02) 9744 5854  
Phone (02) 9553 9224  
Phone (02) 4965 5099  
Phone (02) 9388 0184  
Phone (02) 4861 1688  
  
Phone: (02) 6766 3153



[www.comfortandfit.com.au](http://www.comfortandfit.com.au)

### Hylands Shoe City



Large retailer of family footwear specialising in comfort brands including Rockport, Ecco, Kumfs and more. A 10% discount applies on any shoe purchase.

104-108 Victoria Road, Rozelle  
2039 Phone (02) 9555 1400

Mail order available  
Email: [info@shoe-city.com.au](mailto:info@shoe-city.com.au)

## TRAVEL

### Flag Choice Hotels

Members receive a minimum 10% discount plus other great specials and package deals through the Flag Choice Associations membership. With more than 330 locations across Australia and New Zealand, Flag Choice Hotels offer a wide range of accommodation options to suit your needs, budget and lifestyle. Call Diabetes Australia on **1300 136 588** to obtain a Flag Choice Associations Card to receive great specials and package deals.



### Car Rental



Access the Budget Rent-a-car Budget Buddies program for special preferred rental rates all year round. For bookings or enquiries, call **1800 111 102** and be sure to quote Budget Customer Discount (BCD) number "E114871", to access the discounts. If you prefer, visit [www.budget.com.au](http://www.budget.com.au) to book online or get a quote.

NB: Special benefits for Health Professionals as part of our Professional Partner program.  
Call 1300 136 588 for more information.

Look out for special offers for members on our website  
[www.diabetesnsw.com.au](http://www.diabetesnsw.com.au)

Contact us at 1300 136 588 or email [membership@diabetesnsw.com.au](mailto:membership@diabetesnsw.com.au)